

Purpose_02

Script References

Introduction

Eli: What's up? It's just me on this one. Welcome to the second session on Purpose. If you're like me, you've spent a lot of time wondering, "What does God want me to do with my life?"

We can dedicate hours of prayer to figuring out the "do" part of God's will, but here's what I want you to take away from this video— God cares far more about who you become than what you do.

In other words, God's primary purpose for your life is spiritual maturity.

You might be thinking, "what does spiritual maturity even look like?"

First, let's talk about what it isn't. Spiritual maturity — it's not about being perfect. I mean, none of us have it all together.

Spiritual maturity is about becoming more like Jesus on this journey with God.

So, to find out what that looks like, let's dive into two sets of traits mentioned in the Bible: the Beatitudes and the fruit of the Spirit.

The Beatitudes & The Fruits

You can find the beatitudes in Matthew 5. Think of these as Jesus' expectations for what his followers should be like.

Here we see that maturity is about recognizing our need for God, finding comfort in him, staying humble, fighting for justice, showing mercy, having pure hearts, working for peace, and staying righteous— especially when it gets tough.

This is a description of people who are walking in their calling as God's image-bearers - people who reflect God to the world around them.

You can find the fruits of the Spirit in Galatians 5. This is a list of the qualities that the Holy Spirit produces in our lives as we become more mature.

They are love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control.

Take a pulse of your life right now. Do you see areas where you are maturing in the qualities described by Matthew 5:1-10 and Galatians 5:22-23? How about areas where you need some work. Write down your observations.

How to Grow

People often mistake spiritual maturity for a lot of knowledge. We think, "If I read that book or listen to that podcast, or follow this teacher, it's a sign of maturity."

I want to warn you about that. It's good to always be learning, but knowledge does not make you mature.

Paul even called this idea out in 1 Corinthians when he wrote - **Knowledge puffs up, but love builds up. (1 Corinthians 11:1)**

Growing in spiritual maturity isn't mainly about seeking knowledge. Instead, it's about surrendering our sinful nature daily so that God can work in and through us. That's where the real growth happens.

How do you start moving toward maturity? Daily scripture reading, prayer, and joining a church are good places to start.

Sabbath

Another is practicing Sabbath. Sabbath is about rest, renewing, and connecting with God. We live in a fast-paced world, and sometimes we just gotta slow down.

On a Sabbath, you take a day and create space for activities that recharge your soul. Maybe it's walking in nature or just hanging out with loved ones.

Pause the video for a minute and consider when is the last time you truly rested in God's presence? Do you tend to prioritize doing for God or being with God? Why? Write down your thoughts.

Jesus said that God created the Sabbath for people - it's a gift! Receive it! Sabbath is about pushing pause on all the "doing" so you can just enjoy being with the God who loves you.

I'll say it again. God cares more about the person you're becoming than the job you're doing. If you focus on being who God is calling you to be, then the doing will come much more naturally.

Let's embrace the Beatitudes, the fruit of the Spirit, and live in God's will today. And don't forget to carve out that Sabbath time to rest and connect with God. Trust me. It'll make a huge difference on this wild ride we call life. Keep seeking after God and keep growing.